Activities for When You, re Bored

Play date Go for a swim Play cricket Play handball Play frisbee Skip with a skipping rope Play elastics Minute-to-win-it Olympics Backyard camping Have a picnic Visit a park Visit a botanic garden Plant a garden Pull weeds Go for a walk Go hikina Walk around a new suburb Go bike riding/scootering Go skating Visit a skateboard park Go fishing Go berry picking Go geocaching Watch the clouds Visit Santa Carols in the park Look at Christmas lights Catch the bus/train Go kayaking/surfing/standup paddleboarding Go rock climbing Read a book Listen to an audiobook Make up a story Do a jigsaw puzzle Play sudoku Play a card game/board game Play solitaire Play charades Have a movie night Bake a cake/cookies Cook dinner Write, produce, act in a play Learn a new skill Write a story

Draw a picture/learn to draw Play playdough Revisit old toys Play dress ups Build a fort Do a scavenger hunt Make mum and dad breakfast in bed Make-believe restaurant Do a science experiment Play indoor sports (sock basketball) Play nerf gun target practice Declutter your room Do your chores Make sushi Do a sewing project Practice your musical instrument Learn a new instrument Have a nap Watch the clouds Have a water fight Make Christmas cards Try a local art or craft class Make a scrapbook Learn to draw Do a painting Do chalk drawings on cement Have a craft session Do nature art/make a nature collage Make jewellery Do a colouring-in Make and fly paper airplanes Make and fly a kite Visit a museum Visit the art gallery Do the free shopping centre activities Check Eventbrite & Facebook Events Go bowling Play mini golf Go op-shopping Bird watch Build something using recycled boxes Choreograph a dance Design and write magazine Start a YouTube channel Start a Podcast

Design the floorplan of your dream home Create a mood board of your dream bedroom Do some maths sums Create a DIY escape room Do a Yoga workout Do a YouTube exercise workout Create a dominoes obstacle course Give mum/dad a massage/make over/facial Have a bath Learn to knit/crochet Paint your nails Learn a language Learn coding Learn a magic trick Listen to a Podcast Do some Mad Libs Make a secret code Make slime Make a marble run Do some origami Do papier mache Plan a trip Play shops/cafes Make felt food Build with Lego Record a radio show Research a special interest Do some woodwork Create a stop-motion video Try a new hairstyle Do some photography Do some videography Make a movie Go for a walk Watch a documentary Watch a TED talk Do a word search Research your family history Create a family newsletter Write in your journal Make paper Press flowers