

TERM TIME MEAL PLAN

Day	Meal Plan	Evening Commitments
Week 1		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
Week 2		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
Week 3		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		

NOTES:

Day	Meal Plan	Evening Commitments
Week 4		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
Week 5		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
Week 6		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		

NOTES:

Day	Meal Plan	Evening Commitments
Week 7		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
Week 8		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
Week 9		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
Week 10		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		