

# TERM TIME MEAL PLAN

Day	Meal Plan	Evening Commitments
<b>Week 1</b>		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
<b>Week 2</b>		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
<b>Week 3</b>		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		

NOTES:

Day	Meal Plan	Evening Commitments
<b>Week 4</b>		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
<b>Week 5</b>		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
<b>Week 6</b>		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		

NOTES:

Day	Meal Plan	Evening Commitments
<b>Week 7</b>		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
<b>Week 8</b>		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
<b>Week 9</b>		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		
<b>Week 10</b>		
MON		
TUE		
WED		
THU		
FRI		
SAT		
SUN		